



GREEK PASTA



6 SERVINGS

CALS - 425 CARBS - 50g PRO - 23g FAT - 16g

INGREDIENTS

1 box protein pasta
1 chopped cucumber
1 cup blue cheese or feta
cheese
15-20 diced grape
tomatoes
2T italian seasoning
8T fat free italian
dressing
150oz (30 slices) sliced
salami

DIRECTIONS

- 1. Boil and strain pasta
- 2. Cool pasta by running under cold water for a few minutes
 - 3. Chop up grape tomatoes, cucumber, and onion
 - 4. Add chopped veggies to pasta
- 5. Slice up salami and add to pasta
- 6. Add blue cheese or feta cheese to pasta
- 7. Add italian seasoning and italian dressing to pasta
 - 8. Stir & serve